



SUGAR WHEEL

NEWSLETTER OF THE ROTARY CLUB OF ST KITTS
(CHARTERED JULY 1969)

Bulletin No. 01 – 2006/2007

JULY 20, 2006

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District 7030 Governor

Victor Pilgrim

District 7030 Assist Governor

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Rotary Club of St Kitts

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Secretary

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Monthly Contents

Executive Corner

RI President's monthly message

Article of the Month

Club News

Headlights – Rotary News

Rotary Information

Club Calendar of Events

Assignments

Health Check

Joke of the Month

Thought for the Month



EXECUTIVE CORNER

Installation Speech by President Tapley

I am indeed grateful to my fellow Rotarians for reposing their trust in me to serve as President of the Rotary Club of St. Kitts for the incoming year.

Ours is a club which has a proud history since its Charter on 11 July, 1969. For the past 37 years, this Club which still numbers among its members two (2) Charter Members in the persons of Past Vice President Jacques and Past President Kishu has proudly upheld its Motto of 'Service Above Self' and has sought through numerous community-wide activities to live this motto.

Over the years, some major projects successfully implemented include the construction of the first dedicated Psychiatric Unit at the J.N.F. Hospital, the erection of bus shelters, the procurement and donation of well-needed valuable equipment to the J.N.F. Hospital, the donation of funds to enable the construction of a generator stand at the Cardin Home financial assistance to enable children and adults to secure medical assistance overseas when their medical requirements could not be met in St. Kitts and Nevis. Only recently we contributed to a citizen who is now undergoing treatment abroad and we have an ongoing training programme for one of our nationals in Physiotherapy again in partnership with Optimum Chance.

Over this period also, many of our fellow Rotarians have served in leadership capacities as President or Directors of our Four Avenues of Service. We salute their continuing contributions to the important work of Rotary. As we have sought to build on this treasured legacy, new Members have come on board to help to shoulder responsibility as we embark on a renewed level of activity for this year and the years ahead.

I wish on behalf of the incoming Board of Directors and on my own behalf to thank Past President Vernon and outgoing Directors for their contribution to the undertakings of our Club.

Our Motto 'Service Above Self' should serve as a rallying cry to all of us to recognize that our membership in Rotary requires a selfless dedication and a full commitment to serve our fellowmen and women. We are not here as individuals to gather acclaim or recognition but rather to demonstrate to our community and the world that well-meaning individuals can take time out of our busy schedules to share our time, our resources, human and otherwise, to make life better for others in one meaningful way or another.

Tonight as we share this Joint Installation we say to the World that though we belong to different Clubs we are one as members of the Rotary Family sharing mutual and common values, commitments and responsibilities. Although we are shaping our programmes as separate clubs or as joint undertakings we are in no way surrendering our cherished identities but demonstrate instead to our community that their interests are paramount and that we are united in meeting that high challenge.

Rotary International President William Boyd has chosen as the R. I. Theme for 2006-2007 "LEAD THE WAY". He exhorts the 1.2 million Rotarians worldwide to lead the way to a brighter Future through Fellowship and Service. He champions all of us as Leaders to be heroes not celebrities and implores us to focus on the real needs around us. His chosen emphases are water management, literacy, health and hunger.

We recommit to partner R.I. in our health enhancement projects in partnership with our fellow Rotarians in North America and our care package projects which have gone some way to provide much needed assistance to some of our senior citizens.

As Leaders leading the way, we must demonstrate foresight. We must help to grow other leaders. We can do so through our committed increased support for and association with our Rotaract colleagues so that we can together impact positively and meaningfully on the youth in our community. We must network more adopting President Woodrow Wilson's statement "I not only use all the brains that I have but all that I can borrow." We must create the atmosphere for others to want to join us by inspired vision and infectious enthusiasm.

Our Board has planned a full and exciting year ahead. Details of these activities will be given as we proceed through the year but I will share some with you on this special occasion. Already last night, we successfully partnered with Alliance Francaise to celebrate Bastille Day the French National Day, as part of our promotion of International Peace and Understanding. We propose fellowship activities, our well established International Dinner, our Cardin Home Luncheon and Foster Care Parties, the Car Rally, care package distribution on a quarterly, and if possible, monthly basis and a new involvement in the promotion of literacy through interaction with Children at the Public Library. I commend my fellow Board members for already being out of the starting blocks and invite your full participation in these and other activities which we will promote during the years. As Henry Ford so aptly put it "coming together is a beginning, keeping together is progress, working together is success".

I end by sharing some thoughts with you which I adopted and adapted from the final presentation by the R. I. President's Representative at our District Conference in GUYANA

ROTARY

R is **responsibility** to support your club

O is the **opportunity** to serve, to live the Four Way Test, to show who we are; the opportunity to make a change

T stands for the **timeless** nature of our commitment. This never goes out of style. Rotary has already celebrated 100 years yet we keep on being refresh and ready to serve

A Our many **accomplishments**. The history and legacy of our Club, the many contributions of our fellow Clubs, all worthy accomplishments.

R **Recognition** and rewards. We all feel good about what we are doing collectively, the friends we make, the fellowship we engender.

Y **You** - all of us who make Rotary possible with our energy, our ideas and our commitment to serve.

Let us all therefore pledge to be even more energized and committed Rotarians for the Year Ahead. Your Board will strive to uphold at all times our Motto "Service Above Self" and together with our fellow Rotarians and Rotaractors we will lead the way to a better future!

RI President's monthly message

Rotary has flourished for so long because it offers constant values to its members: fellowship, friendship, and doing good work in the world. While the mission and motto of Rotary remain constant, we must always be open to the need for change. Part of our ongoing task as Rotarians is to stay aware of needs — in our own organization and in the communities we serve. In a world where so much is in flux and so little can be predicted with certainty, Rotary cannot afford complacency. Challenges are constant; so are opportunities. Today, we need every Rotarian more than ever, because in our diversity lies our strength. In the coming Rotary year, I ask all of you to join me as we *Lead the Way* to a better Rotary and better communities. By this, I mean to ask you to be leaders in your communities — to show others that solid integrity, concern for others, and generosity of spirit are ageless values and that good business does not preclude good ethics. As Rotarians, we are not content to let matters stay the way they have always been, whether in our clubs or in our communities. We are the ones who ask, Why not us? We are the ones with the skills and the desires to build a better future. And we are the ones who must *Lead the Way*.

La Fête Nationale de France ~ "Bastille Day" ~ Celebrations Lively!

The French national holiday Bastille Day commemorates the infamous storming of the Bastille, a Parisian prison, on July 14, 1789. The Alliance Francaise and the Rotary Club of St Kitts celebrated this day by having an evening festivity of wonderful French cheeses, French bread, French wine, paté and other favourite gourmet treats. The event also included an exhibition of paintings from three artists from St Martin and three from St Kitts, a live zouk band from Dominica and fireworks. Attendees drank until no wine was left, ate most the food and danced the night away; causing the band to perform two hours longer than contracted. Over 80 persons attended, including the Governor General of St Kitts and Nevis, the Minister of Education, the Attorney General and the President of the Rotary Club of St Martin, who graced us with their presence.

The evening was sponsored by National Bank, OTI, WINNFM, Westside Service Centre, Innovative Transport, DBB Living Designs, Rams, Frank B Armstrong, Marshalls, Delisle Walwyn and Co Ltd, TDC, Carib Breweries and Urban Sign Works.



Club News

On Saturday 15th July, 2006, a historic event took place at OTI when the Rotary Clubs in St Kitts held their Installation Dinner. In attendance were HE Governor General, Sir Cuthbert Sebastian, Deputy Prime Minister, Hon Sam Condor and Mrs Condor, fellow Rotarians, family and friends.

The programme started on time with MC Archdeacon Hodge who gave the invocation after which a sumptuous dinner satisfied the taste buds of all who were present. Past President Cameron opened the evening with his comprehensive review of what was described as a year filled with successful projects and exciting times. Past President Percy Hanley was not to be outdone and as the ultimate Rotarian, deputised in fine form. He outlined the various projects and ended by challenging our fellow Rotarians to practice feverishly for the next 'TEST MATCH'.

The highlight of the evening was when the charming, charismatic and eloquent guest speaker, Dr Kathleen Ferdinand delivered what was described as a powerful, inspiring yet challenging message on the theme, LEAD THE WAY. She expounded on the four way test outlining the need to live the truth, by being fair while making friends with all concerned.

Next came our current Presidents, Messrs Seaton and Bacchus who gave the blue print of their programmes for fiscal 2006/7.

The night ended at 10.15pm with all Rotarians eagerly awaiting the future.

Congratulations

Rotarian of the Year *Betty-Ann Gilbert*

Exemplary Service *Charles Morton*

100% Attendance *Stacey Hobson*



Club Calendar of Events

July 14 – Bastille Day at Alliance Francaise

July 15 – Installation Dinner

August 10 – Membership Drive and Open House

Assignments

Greeters for July

Kamal and Joyce

Greeters for August

Percy and Andy

Speakers

July 20 – Guest Speaker – Nicole Alleyne

July 27 – Classification Talk – Robin Herbert

August 10 – Guest Speaker – Martin Sin Clair (*tentative*)

**August is
Membership and Extension Month**

Headlights – Rotary News

- ✓ The Rotaract Club of Panama, Panama, has embarked on its most ambitious humanitarian effort, aimed at establishing income-generating activities in five economically depressed rural communities.
- ✓
- ✓ Development expert, John Schott, received the 2006 Rotary Foundation Alumni Global Service to Humanity Award during the RI Convention
- ✓ For Rotary International's role in the Global Polio Eradication Initiative and helping give more than two billion children a life free from polio, the World Food Programme (WFP), the United Nations' anti-hunger agency, honored Rotary with the WFP Award for Exemplary Humanitarian Leadership

For details visit Rotary International's newsroom:

<http://www.rotary.org/newsroom/index.html>

Rotary Information

Why Rotary?

For the first few months the meetings were called 'The Booster Club' since one of the main purposes of the group was to 'boost' business contacts. However, for a variety of reasons, the name 'Rotary' was suggested and adopted.

The name 'Rotary' reflected the rotation of meeting venues, each member hosting a meeting in turn, chairing of each meeting was done in rotation and also, fundamental to the group, the 'rotation' of information for the mutual benefit of all members.

Joke of the Month

Divorce Proceedings: "Mr. Quinn, I have reviewed this case very carefully," the divorce court judge said, "and I've decided to give your wife \$775 a week."

"That's very fair, your honor," the husband said. "And every now and then I'll try to send her a few bucks myself."

Health Check

7 benefits of regular physical activity

1. Strengthen your cardiovascular and respiratory systems
2. Keep bones and muscles strong
3. Manage your weight
4. Prevent and manage diabetes
5. Ease depression and manage pain and stress
6. Reduce your risks of certain types of cancer
7. Sleep better

Exercise for health and longer life!

Thought of the Month

In all things success depends on previous preparation and without such preparation there is sure to be failure - Confucius